

ROCK CLIMBING INSTRUCTOR TRAINING/ASSESSMENT



The Training and Assessment courses are for adults who have a genuine interest in rock climbing and group leadership who wish to supervise young people and adults on the crags of the United Kingdom. For the **Training** you should have a minimum of 12 months rock climbing experience and have led at least 15 climbs in the "Outdoors". The course includes training in such skills as choice of venue, rope management, use of equipment, group management, emergency procedure, crag etiquette, access and conservation. The course is for potential Group Leaders and assumes basic competence as a rock climber

For the **Assessment** you should have at least 12 months experience and have led some climbs up to Severe standard. You should have completed a training course and the "candidate requirements" or gained exemption prior to assessment (see Mountain Training information). You will be expected to demonstrate sound and safe technique and possess a good all round knowledge of rock climbing as detailed in the syllabus. There may be a visit to a climbing wall included. All course members will be expected to have registered with Mountain Training prior to the course.

*Mountain Training, Siabod Cottage, Capel Curig, Conwy, LL23 OES <http://www.mountain-training.org/>
Tel: 01690 720314 E-mail info@mountain-training.org*

Included: The course fee includes necessary specialist equipment, instruction, transport whilst on the course, course administration and self-catered accommodation.

Not included: Transport to and from Plas Pencelli or personal accident insurance (The Centre holds Professional Indemnity and 3rd party liability insurance policies).



*Completed application forms along with payment should be forwarded to:
"Specialist Courses", Plas Pencelli, Pencelli, Brecon, Powys, LD3 7LX*

Email: office@plaspencelli.co.uk
www.plaspencelli.co.uk