



Individual Information Form

*Plas Pencil provides programmes of Outdoor Education that can make a unique and powerful contribution to an individual's education and development. Using a variety of teaching methods, adapted to a range of individual learning styles, within a challenging environment, each course focuses on specific learning objectives within the National Curriculum. Citizenship, Physical Education and Personal, Social and Health Education feature strongly. Achievement centres on 4 main areas. **Personal development; Relationships; Social Skills and Appreciation of the Natural Environment.** Throughout the course a high priority is placed on health and safety.*

Full Name			
Date of Birth		Male/Female	
School/Group		Course Dates	
Address			
Emergency Contact	Daytime tel no.	Evening tel no.	Mobile tel no.
Doctor		Tel. no.	
Medical conditions, allergies or significant disabilities (e.g. asthma, heart trouble, diabetes, epilepsy, previous injuries etc.) Give details of any medication.			
Water confidence (e.g. 50 metres in a swimming pool)			
Special dietary needs (e.g. vegetarian)			
Overnight concerns(e.g. sleep walking)			
Please outline previous experience of outdoor activities			

Courses at Plas Pencil may include any of the following activities: Caving, Mine Exploration, Rock Climbing, Abseiling, Canoeing, Kayaking, Hill walking & Mountaineering, Mountain Biking, Paddle Surfing, Improvised Rafting, Gorge Scrambling, Sea Level Traversing, Surfing, Ice climbing, Orienteering and other Outdoor Activities. I confirm that I understand what a course at Plas Pencil entails and I am sufficiently fit and healthy to participate safely. I agree to emergency medical treatment if necessary. The course fee is none refundable.

Signed: (Parent/Guardian to sign if under 18)