

LOCAL CAVE LEADER AWARD L1 TRAINING



This course is for those cavers with a reasonable amount of experience who are interested in leading others in caves. It is a *National Caving Association* requirement for those wishing to become Local Cave Leaders within a region. The minimum age for attendance is 18 with a minimum experience of 12 caving trips. More than 6 hours are normally spent underground during the weekend, backed up by classroom sessions addressing issues including *Underground Hazards*,

Access & Conservation, Party Leadership, Local Knowledge and core skills such as *Weather and Flooding and Emergency Procedures*. Sharing opinions and ideas between course members, along with lessons learnt in more formal sessions, are both important in the development of effective cave leadership.

You should register with the NCA before attending the course so that a completed logbook can be brought with you.

*NCA Training Administration, RAM Business Services,
Sun Lea, Joss Lane, Sedbergh, Cumbria, LA10 5AS
Tel/fax 015396 22040 E-mail: trainadmin@nca.org.uk*

Included: The course fee includes necessary specialist equipment, instruction, transport whilst on the course, course administration and catered accommodation.

Not included: Transport to and from Plas Pencelli or personal accident insurance (The Centre holds Professional Indemnity and 3rd party liability insurance policies).



*Completed application forms along with payment should be forwarded to:
"Specialist Courses", Plas Pencelli, Pencelli, Brecon, Powys, LD3 7LX*

Email: mail@plaspencelli.co.uk
www.plaspencelli.co.uk